

**Prognosis Index**

The Step-down Bridge Protocol of Intravenous and Oral Combination of 6 Immunosuppressants (SBP-6-IMNs) is inclined to fail when Prognosis Index is  $> 5$ .

**Lupus (SLE) without organ involvement has a Prognosis Index of 2.**

**Each of the following has a Prognosis Index of 1**

1. Lupus Discoid
2. Lupus Pleurisy with effusion
3. Lupus Pericarditis with effusion
4. Lupus Nephritis (renal biopsy WHO Class  $< 6$ )
5. Lupus Leucopenia ( $< 500/CC$ )
6. Lupus hemolytic anemia ( $Hb < 2.5 \text{ mg\%}$ )

**Each of the following has a Prognosis Index of 2.**

1. Lupus Vasculitis
2. Lupus Profundus
3. Lupus Pulmonum
4. Cerebral Lupus with stroke
5. Lupus Avascular Osteonecrosis of the joint(s)
6. Neuropsychiatric Lupus
7. Lupus Myocarditis
8. Thrombocytopenia ( $< 2000/CC$ )
9. Flare of Lupus Nephritis

**Example SLE with**

- I:** Lupus Nephritis including Nephrotic Syndrome (WHO Class III- V) plus Lupus Pericarditis. The prognosis Index is 4.
- II:** plus pulmonary Lupus and pericarditis.  
The Prognosis Index is 5.
- III:** Lupus Nephritis and Lupus Discoid. The Prognosis Index is 4.
- IV:** pulmonary lupus and Neuropsychiatric-SLE (stroke plus psychiatric symptoms).  
The Prognosis Index is 6.
- V:** Flare of SLE, Lupus Nephritis, and Leucopenia. The Prognosis Index is 5.

**Prognosis Index  $\leq 5$ :** The patient can achieve Remission under the SBP-6-IMNs in 2-4 months, Remission with oral Drugs in 5.5-7.5 months, and in Remission without Drug in 3.5-4.5 years.

**Prognosis Index  $\geq 6$ :** The 5-year Survival Rate is 0 by treatment with the SBP-6-IMNs.