

Prognosis Index

The Step-down Bridge Protocol of Intravenous and Oral Combination of 6 Immunosuppressants (SBP-6-IMNs) is inclined to fail when Prognosis Index is > 5 .

Lupus (SLE) without organ involvement has a Prognosis Index of 2.

Each of the following has a Prognosis Index of 1

1. Lupus Discoid
2. Lupus Pleurisy with effusion
3. Lupus Pericarditis with effusion
4. Lupus Nephritis (renal biopsy WHO Class < 6)
5. Lupus Leucopenia ($< 500/CC$)
6. Lupus hemolytic anemia ($Hb < 2.5 \text{ mg\%}$)

Each of the following has a Prognosis Index of 2.

1. Lupus Vasculitis
2. Lupus Profundus
3. Lupus Pulmonum
4. Cerebral Lupus with stroke
5. Lupus Avascular Osteonecrosis of the joint(s)
6. Neuropsychiatric Lupus
7. Lupus Myocarditis
8. Thrombocytopenia ($< 2000/CC$)
9. Flare of Lupus Nephritis

Example SLE with

- I:** Lupus Nephritis including Nephrotic Syndrome (WHO Class III- V) plus Lupus Pericarditis. The prognosis Index is 4.
- II:** plus pulmonary Lupus and pericarditis.
The Prognosis Index is 5.
- III:** Lupus Nephritis and Lupus Discoid. The Prognosis Index is 4.
- IV:** pulmonary lupus and Neuropsychiatric-SLE (stroke plus psychiatric symptoms).
The Prognosis Index is 6.
- V:** Flare of SLE, Lupus Nephritis, and Leucopenia. The Prognosis Index is 5.

Prognosis Index ≤ 5 : The patient can achieve Remission under the SBP-6-IMNs in 2-4 months, Remission with oral Drugs in 5.5-7.5 months, and in Remission without Drug in 3.5-4.5 years.

Prognosis Index ≥ 6 : The 5-year Survival Rate is 0 by treatment with the SBP-6-IMNs.